



## Kiiko Matsumoto, Lic. Ac.

founder of Kiiko Style of Acupuncture

Kiiko Matsumoto is the founder of Kiiko Style of Acupuncture and considered to be a "living Master of Acupuncture". She is well known for her ability to integrate the work of some of the most famous Japanese masters into her practice for the last three decades. Her style of acupuncture focuses on treating the root cause with emphasis on the entire body rather than a single symptoms. As a result, patients find Kiiko's treatments to be effective and long lasting.

## CASE HISTORY

### CASE

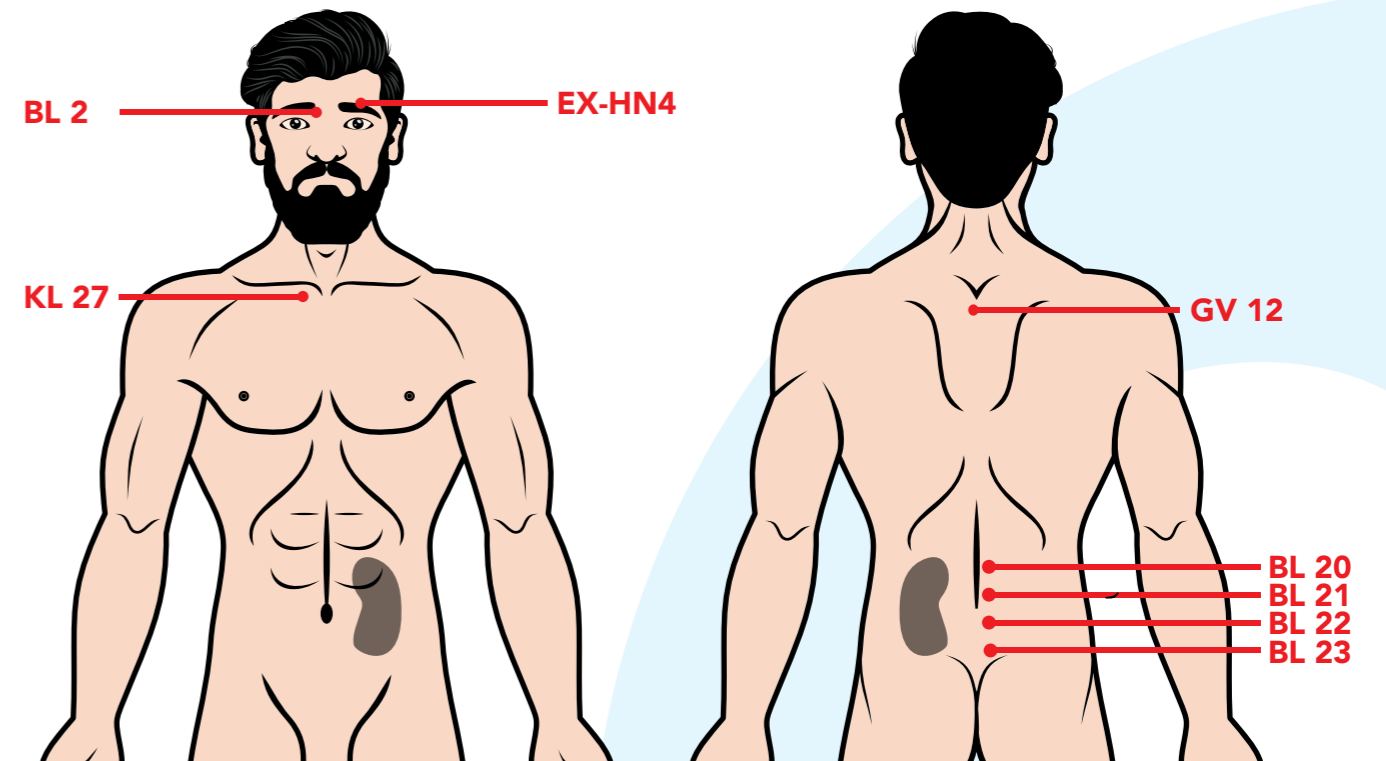
### 50 YEAR-OLD MALE

Chief Complaints	<ul style="list-style-type: none"> <li>Dull headache at the back of the head and neck accompanied by occasional nausea</li> <li>General malaise and eyestrain due to frequent usage of computer and smartphone</li> </ul>
Palpatory Findings	<ul style="list-style-type: none"> <li>Tenderness in the right sternocleidomastoid muscle around TE-16 (Tianyou)</li> <li>Tenderness in KI-2 (Wangu) which is often felt in cases of kidney deficiency. Additionally, due to the functional decline of the kidneys, the fire point and the water point were also tender.</li> </ul>
Diagnosis	<ul style="list-style-type: none"> <li>Renal ischemia due to overstressed sympathetic nerves from stress, aging, and excessive protein consumption.</li> </ul>
Acupuncture Prescription	<ul style="list-style-type: none"> <li>Eyestrain: BL-2 (Cuanzhu) and Ex-HN4 (Yuyao)</li> <li>Stress: Right KI-7 (Shangqu), Right KI-10 (Yingu), Right KI-27 (Shufu) and GV-12 (Shenzhu)</li> <li>Renal ischemia: Right BL-23 (Zhenjin), Right BL-20 (Fengchi), Right BL-21 (Jianjing), Right BL-22 (Yuanye) and Ah Shi points surrounding the kidneys with shallow needling into the muscles to relieve tension followed by perpendicular needling.</li> <li>After needle removal use PYONEX at GV-12 (Shenzhu) and at bilateral BL-23 (Zhenjin).</li> </ul>
Additional Information	<ul style="list-style-type: none"> <li>Most patients come to seek support from acupuncturists after a course of treatments of anti-inflammatory and pain medications. In such cases, it is common to see kidney deficiency. Treating the kidneys can improve symptoms such as malaise. However, it does not suggest the improvement of the kidney functions.</li> <li>Common causes of the kidney deficiency               <ul style="list-style-type: none"> <li>Aging</li> <li>Overconsumption of red meat (beef and pork are particularly difficult to digest)</li> <li>Overconsumption of protein (commonly seen in athletes) which can possibly lead to urea cycle disorder which can cause ammonia NH<sub>3</sub> to build up.</li> <li>Medications such as anti-inflammatory, pain medications, iodine (angiographic agents), and steroids</li> <li>Radiation therapy</li> <li>Pre-existing medical conditions such as diabetes and autoimmune diseases</li> </ul> </li> </ul>

### Used products

- Seirin J-Type 0.16x30mm, J-Type 0.16-40mm, J-Type 0.20x40mm
- Seirin PYONEX 0.6 (Yellow)

## TREATMENT POINT



KL 2

KL 7

KL 10



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