



Your partner in UTI prevention

Utiva™ UTI Control Supplement

- Proven to prevent Urinary Tract Infections
- Contains 36mg PACs - the bioactive component (Proanthocyanidins) from cranberries
- Sourced & made in Canada

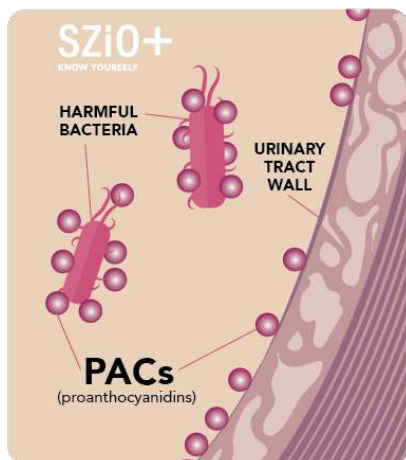


Importance of Proanthocyanidins (PACs) for UTI Prevention?

- Proanthocyanidins (PACs) found in cranberries have a special ability: anti-adhesion.
- PACs interfere with harmful bacteria like E.coli to stop them from sticking to the urinary tract or bladder wall, minimizing risk of infection.
- This results in natural flushing of the bacteria when urinating.

"Managing recurrent urinary tract infections can be complex. Antibiotics are the first line treatment, but there are clinically proven options that can help prevent recurrences. When considering cranberry supplements, I recommend my patients to select a product that contains 36mg of Proanthocyanidins (PACs). That evidence supports PACs as being the active molecule of the cranberry which prevents bacterial adherence to the bladder wall thus helping to reduce recurrent UTIs."

Dr Colleen McDermott
Urogynecologist
Mount Sinai Hospital, Toronto



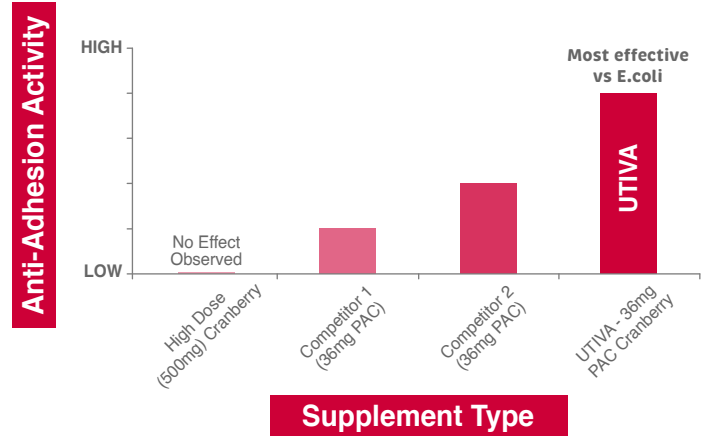
Specifically, **A-type PACs (found in cranberries)** have an **anti-adhesion effect on E.Coli** preventing sticking on the urinary tract cells (uroepithelium).

Comparison of Cranberry Supplements

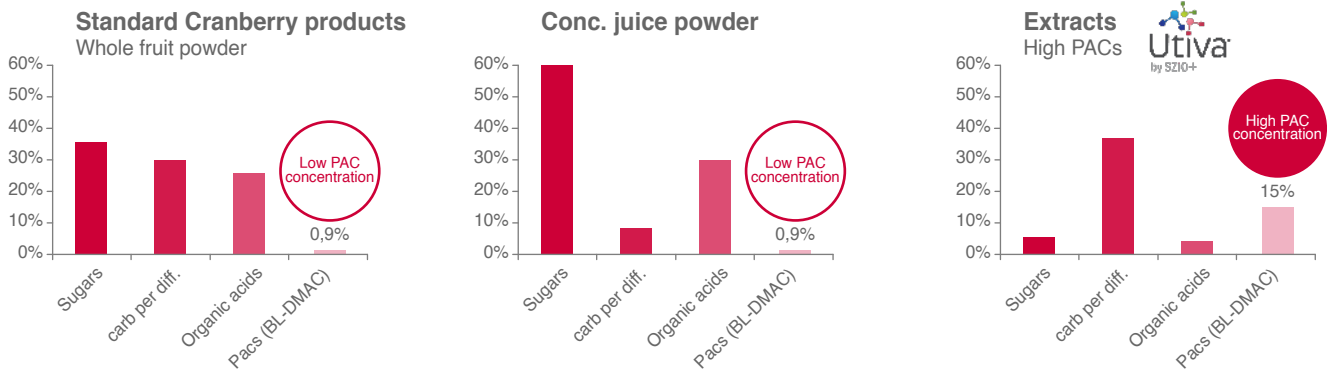
Based on an in vitro lab test at Rutgers University. Various supplements were tested for bacterial (E-Coli) anti-adhesion activity.

The lab results showed the following:

- High Concentration 500mg Cranberry products showed no measurable activity against E. Coli.
- Products containing 36mg of PACs were most effective in anti-adhesion activity against E. Coli.
- Utiva performed the best in the lab setting.



Not all cranberry supplements are the same



PACs are the bioactive components of the cranberry which are packed with **antioxidants** and responsible for **preventing UTIs**. Standard cranberry products, have a minimal amount of PACs (usually 0.5-1%) and therefore PACs are not typically mentioned on the nutritional facts. For **Utiva UTI Control Supplement**, we provide a **15% concentration of PACs in each capsule delivering 36mg of PACs** - the clinically proven dose that provides anti-adhesion capabilities. *** BL-DMAC is the standard scientific method of measuring PAC concentration in North America ***

Patient Testimonials

"I have suffered with UTIs for over 20 years. As a Type 1 diabetic, I'm prone to them, but over the past five years they had become chronic and I basically lived on antibiotics. I tried so many other products and supplements until my very respected doctor at Sunnybrook personally called me when she became aware of Utiva UTI Control Supplement and recommended it. I have been using it faithfully every day now for over 6 months and am clear for the first time in a very long while. Thanks for making this excellent product available!" - **Lynne, Toronto**

"Very impressed with this product. In the previous year, I had 13 UTI's and was taking a cranberry supplement with other countless prescribed meds. I started this Utiva the day I received it a few months ago and things have turned around. I am delighted with this product." - **Carol, Ontario**